

2010 USTA Tournaments @ RHTC

August 20th – 22nd SC State Closed – L1
October 17th – 24th \$25K Women's Pro Circuit
October 29th – 31st South of the Border

Clinic Package:
Buy (5) get (1) FREE!

Clinic Packages have an expiration date of 3 months from the date of purchase.

Our Policy for Adult Clinics:

- * We ask all participants to sign up for all clinics at least 24 hrs. in advance.
- * RHTC requires a 24 hr. cancellation for all lessons and clinics.
- * Clinic duration might be reduced due to low participation.

Our Policy for Private Lessons:

- * Private lessons packages are valid for 3 months from the date of purchase.
- * Same day cancellations will result in 1 lesson charged to your lesson card. However, an exception will be made for the first occurrence.

Rock Hill Tennis Center Staff

RHTC Park Supervisor: Kim Ozmon
Head Professional: Tedi Doncheva
Head Professional: Tiago Ruffoni

Private Lessons

\$45.00 (1 hour) \$30.00 (1/2 hour)
Non-Members add \$5.00 to cost of lessons!

Group Private Lessons *(per person)*

\$30 – 2 in group (1 hour)
\$25 – 3 in group (1 hour)
\$20 – 4 or more in group (90 minutes)
Non-Members add \$5.00 to cost

Private Lesson Packages: Members Only

1 hour lessons:
Buy (5) lessons, get (1) free: \$225

30 minute lessons:
Buy (5) lessons, get (1) free: \$150

Ball Machine Policy

Ball Machine is free to use for all members. Members must make a court reservation and be instructed on how to properly use & care for the machine. 14 & under must be accompanied by an adult or instructor.

Rock Hill Tennis Center



ROCK HILL
PARKS, RECREATION
& TOURISM

*Creating community through
people, parks and programs*

Adult Clinic Schedule



897 Maplewood Lane
(803) 326-3842
rhtc10s@yahoo.com

Adult Clinics:

\$ 15 for Members \$18 Non-members

Tennis 1-2-3: Beginner Adult Class. We will introduce you to all of the skills needed to play, how to keep score, & pair you with partners to begin playing. New players are always welcome.

Cardio Tennis: Cardio Tennis is a fun, group activity featuring drills to give players of all abilities an ultimate, high energy workout. Taught by our teaching professionals, Cardio Tennis includes a warm-up, cardio workout, and cool down phases. If you are looking for a great new way to get in shape and to burn calories, you must try Cardio Tennis.

Practice & Play with a pro:

Intermediate and advanced players who will work on doubles strategy and teamwork with feed ball and rally ball drills. After an hour of practice, you will put your new skills in to action in a Round-Robin format match play.

Net results:

Focus is to sharpen your net play for your singles & doubles play. Technique & proper footwork will be discussed on overheads, volleys, half volleys, drop volleys & touch shots, & how to use each during a POACH.

Drills & Skills:

Intermediate to Advanced level players--There will be feed ball and rally type drills to help develop your strategy along with your hitting skills. Have Fun, Learn, & Hit some Balls!

Seniors Doubles Open Quad Play: Seniors Open play offered to Seniors 50 & older. No charge for members to play, \$3 for non-members. Please call the Tennis Center if there is inclement weather in the area. Come join the fun on Monday and Friday mornings.

Men's Night Out:

For advanced male's only unless approved by pro. Clinic features fast paced drills with points being played out to practice the skills.

Adult Clinic Schedule Fall 2010

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>Senior Doubles Quad Play</u> 8:30-10:00am <u>Cardio Tennis</u> 9:00-10:00am	<u>Practice & Play with a pro</u> 9:00-10:30am <u>Tennis 1-2-3</u> 9:00-10:00am		<u>Drills & Skills</u> 9:00-10:00am	<u>Senior Doubles Quad Play</u> 8:30-10:00am	<u>Drills & Skills</u> 9:00-10:30 am <u>Tennis 1-2-3</u> 10:30-11:30am
<u>Men's Night Out</u> 7:30-8:30pm	<u>Drills & Skills</u> 7:00-8:00pm	<u>Net Results</u> 7:30-8:30pm	<u>Tennis 1-2-3</u> 7:00-8:00pm		

- **Clinics will be canceled if there are no sign-ups (2) hours prior to a scheduled clinic.**
- **A minimum of 3 players is required for a clinic to continue for a full hour.**
- **If there is only (1) participant for an hour clinic, the time will be cut to 30 minutes, and if there are only 2 participants the time will be cut to 45 min. There is a limit of spaces so you need to call to reserve your spot in advance for all clinics.**

Remember:

Packages available for members!
Buy (5) clinics get (1) Free. Clinic cards valid for 3 months.

Please call to sign up for all clinics!!!